

Kids Tired Of Sports As Usual? Time To Try Something New?



WITH NORTH CASCADES CREW

North Cascades Crew is a rowing (sculling & sweeping) club on Lake Stevens. Our Junior Program is a Venture Crew that is open to young people ages 14 – 20. Venture Crews focus on a high adventure area – ours is ROWING. Athletes take on leadership roles and are part of the decision making process. They work as a team and take on responsibilities from planning the season regatta schedule to fund-raising. Adult mentors provide guidance through this process but it's the athletes who are fully engaged in determining the direction of their rowing program. We also have a Discovery Crew for ages 12 - 13.

Fall Season Is September 8th - November 20th. Practices are Monday - Friday, 3:00 pm - 6:00* pm.

*End Time Will Decrease With The Light To 5 pm In Late October.

Pricing Structure: 3 Days/Week: \$65.00 a month, 5 Days/Week: \$75.00 a month.

One Time Family Equipment Acquisition Fee: \$500 Payable Immediately Or Over 4 Seasons.

Regatta fees are not included in the above fees and are in addition to the Monthly/Family fee.

Open to Novice (new to rowing) and Experienced Rowers.

Our Head Coach, Fleming Brainerd, has over 10 years experience coaching all levels of rowers from beginner to advanced, both recreational and competitive levels. He is an accomplished rower and has a contagious enthusiasm and love for the sport.

Youth Fall Season Starts Sept. 8



Sign Up Now For Fall Season

**Call 1.888.ROW.NCC1 or visit
www.NorthCascadesCrew.com**

The Snohomish School District has agreed that this information can be distributed through its schools. The district does not, however, assume sponsorship of or responsibility for, the actual content of any of the activities offered.